



ALLES GUTE

(TAKE CARE)

a film by Patricia Strobin



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SWISS FILMS

ALLES GUTE

«Alles Gute» (Take Care) explores how the various symptoms of a stressful period in life manifest physically, and how mutual empathy – whilst not something to be taken for granted – is our most powerful tool for getting through and overcoming such times.

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INFO

Title	Alles Gute
International Title	Take Care
Release	2026
Duration	9 min
Genre	Animation 2D
Format	2k Full (2048 × 1080)
Sound	Dolby 5.1 / stereo
Language	no dialogue
Author & Director	Patricia Strübin
Produced by	Ulmi Film GmbH Ursula Ulmi
Co-produced by	SRF Swiss Radio and Television Gabriela Bloch-Steinmann
Distribution	NN
ISAN	0000-0006-D530-0000-T-0000-0000-O
Supported by	Federal Office of Culture (FOC) Fachausschuss Film und Medienkunst BS/BL Kanton Luzern / Filmförderung City of Lucerne - FUKA-Fonds

ALLES GUTE

SYNOPSIS (EN)

Women find themselves in a stage of life, where loneliness blows them up like a balloon, tiredness lets them dance in the wind like a leaf and they even lose control over their own bodies. But with a lot of empathy and solidarity, they master even those times. An occasional bath in a droplet also works wonders.

SYNOPSIS (DE)

Frauen finden sich in einer Lebensphase wieder, in der sie von Einsamkeit aufgeblasen werden wie ein Luftballon, ihre Müdigkeit sie wie ein Blatt im Wind umherträgt und sie selbst über ihre eigenen Körper die Kontrolle verlieren. Doch mit viel Empathie und Zusammenhalt meistern sie diese Zeit. Ein gelegentliches Bad in einem Tropfen hilft ebenfalls Wunder.

SYNOPSIS (FR)

Les femmes se retrouvent dans une phase de leur vie où la solitude les gonfle comme un ballon, où la fatigue les emporte comme une feuille au vent et où elles perdent le contrôle de leur propre corps. Mais avec beaucoup d'empathie et de solidarité, elles surmontent cette période. Un bain occasionnel dans une goutte fait également des merveilles.



ALLES GUTE

DIRECTORS COMMENT

In *Alles Gute* (*Take Care*), I explore how the various symptoms of a stressful period in life manifest physically, and how mutual empathy – whilst not something to be taken for granted – is our most powerful tool for weathering and overcoming such times.

We have all probably found ourselves in a situation or a project which – although entirely of our own choosing, and undertaken with passion and joy – is so physically and mentally taxing that, under certain circumstances, it is no longer purely positive. Repeatedly getting too little or poor-quality sleep leads to exhaustion and fatigue; constantly thinking about many different things leads to a lack of concentration and distraction; and a heavy workload leads to loneliness. Due to the high level of stress and many external factors beyond one's control, it is possible to lose all sense of control over the situation, the project and oneself.

In my opinion, it is important that even in a self-chosen situation that pushes one to physical and/or mental limits – one still has the right to complain, the right to help and support, or simply the right to empathy. Even when pursuing a passion, one can reach limits or even go far beyond them. A balance and a safe environment are crucial in every situation in life for how well one can cope with things.

Empathy is therefore a powerful tool in a hectic and stressful society and can act as a balm for the soul or the overworked body.

I draw the inspiration for this film from my observations and personal experiences. I have often witnessed and experienced the effects of exhaustion on myself and others. However, I have also seen how even these exhausted people can treat others with great empathy, enabling them to overcome difficult times and hurdles together.



ALLES GUTE

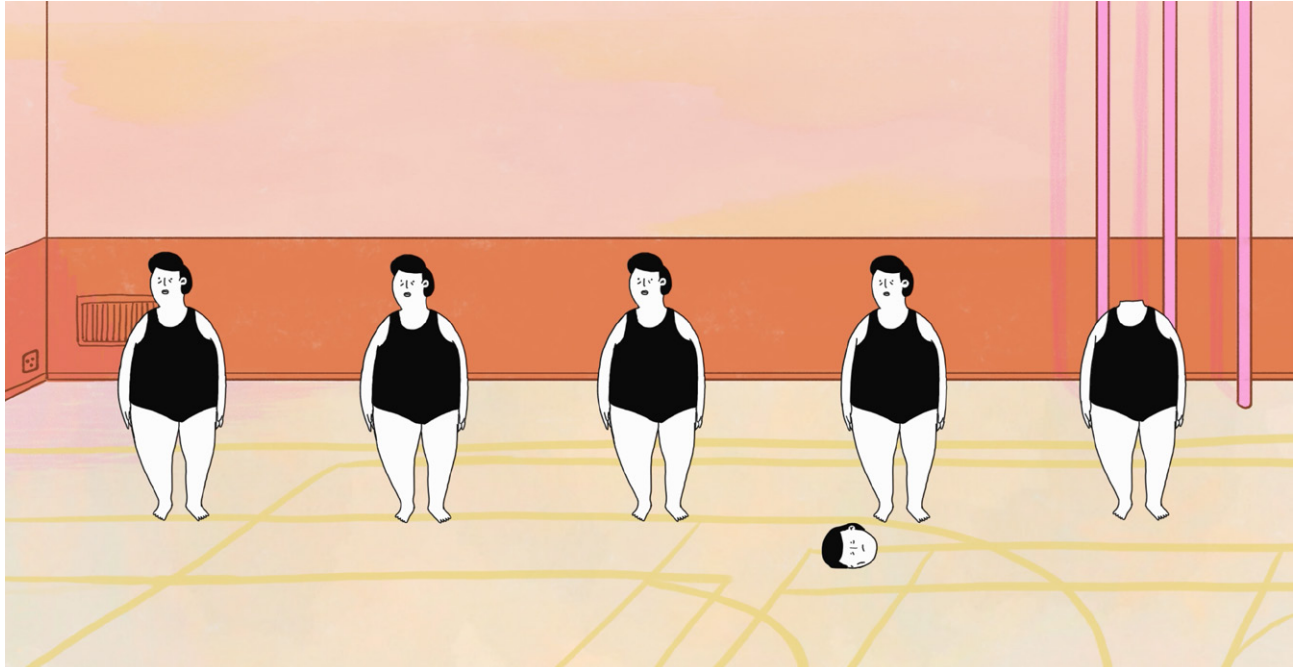
CREDITS

Author and Director	Patricia Strübin
Producer	Ursula Ulmi, Ulmi Film GmbH
Co-production	SRF Swiss Radio and Television / SRG SSR Gabriela Bloch Steinmann
Character Designs, Backgrounds, Storyboard & Edit	Patricia Strübin
Script Consulting Storyboard Consulting Edit Consulting	Jela Škerlak Domino Macherel Thaïs Odermatt
Music Vocals	Jo Flüeler Yumi Ito Xenia Wiener Rosanna Zünd
Layout	Patricia Strübin Bianca Caderas
Animation	Patricia Strübin Bianca Caderas Kevin Duong Zaide Kutay Domino Macherel
FX-Animation	Géraldine Cammisar Bianca Caderas
Coloring & Additional Cleanup	Anna Caiata
Sounddesign & Mix	Loïc Kreyden Aline Schoch Thomas Gassmann Noisy Neighbours KIG
Foley Artist	Céline Bernard
Compositing	Raphael KleeB Nina Janutin Motion Inn AG
Deliveries & DCP	Nick Schneider René Zingg SOUNDVILLE Studios AG

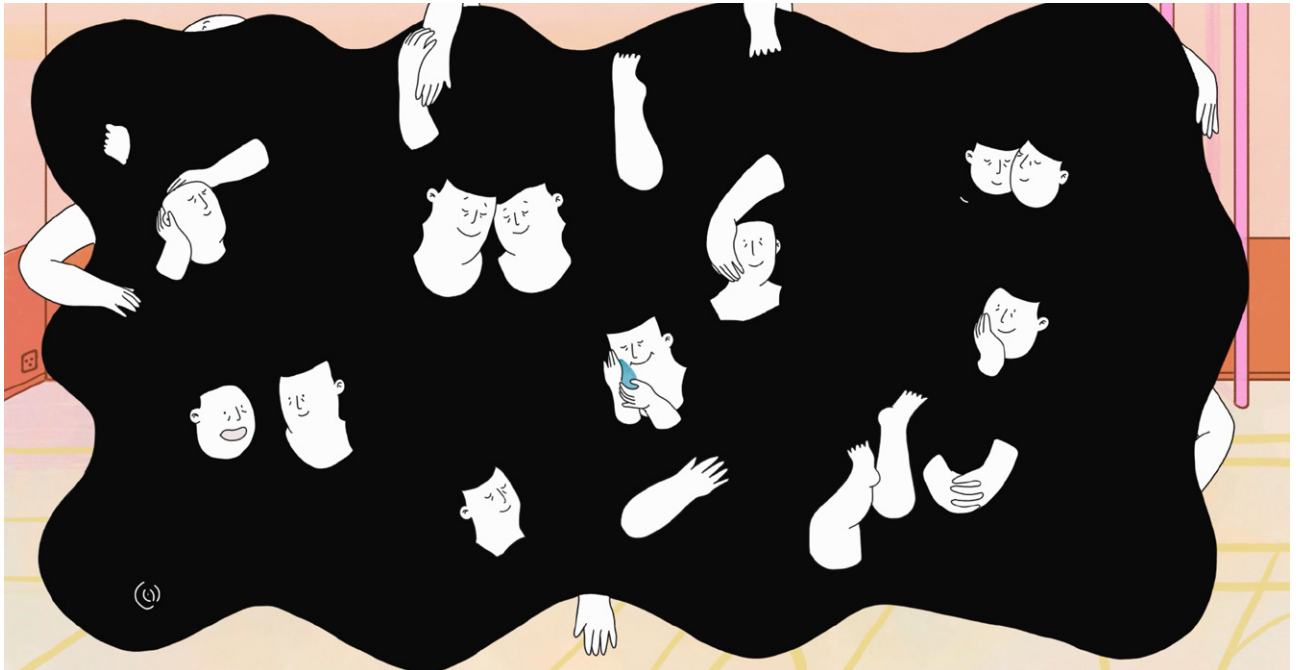
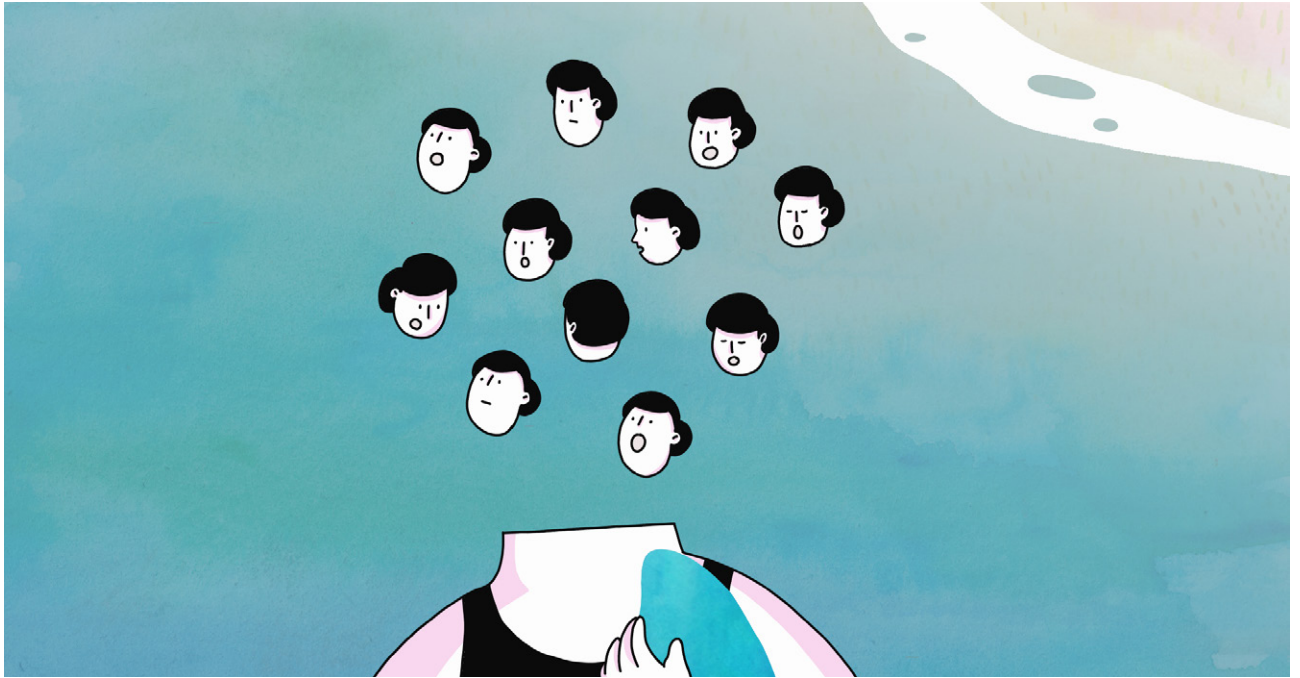


ALLES GUTE

FILM STILLS



ALLES GUTE



ALLES GUTE

ABOUT THE DIRECTOR

BIOGRAPHY

Patricia Strübin was born in Basel in 1993. After attending the preparatory course at the Basel School of Design, she studied animation at the Lucerne University of Art, Film and Design. In 2016 she graduated with a Bachelor's and in 2018 with a Master's Degree. Since then she works as a freelance director, animator and illustrator.



FILMOGRAPHY

2018: Lachfalten, Laugh Lines

Director, Writer and Animator

Production: YK Animation GmbH

Co-production: SRF Swiss Radio and Television / SRG SSR, HSLU University Lucerne of applied Arts – Design Film Art

Festivals (selection):

Warsaw, 34th Warsaw International Film Festival

Winterthur, 22. Internationale Kurzfilmtage Winterthur

Dresden, 31. International Short Film Festival Dresden

Palm Springs, 25th Palm Springs International ShortFest

Baden, Fantoche 17. Internationales Festival für Animationsfilm Baden

Bristol, 25th Encounters Short Film and Animation Festival

Espinho, 43rd CINANIMA International Animated Film Festival

Ljubljana, 16th International Animated Film Festival Animateka

Seoul, 16th Korea Independent Animation Film Festival

Chicago, 37th Chicago International Children's Film Festival

Award:

Basler Filmpreis 2019

ALLES GUTE

CONTACT & LINKS

PRODUCER

Ursula Ulmi
Ulmi Film GmbH
Ulmenstrasse 18
CH-6003 Luzern

ulmifilm.com
ursula@ulmifilm.com
+41 76 403 83 55

DIRECTOR

Patricia Strübin

patricia.struebin@gmail.com

LINKS

alles-gute.ulmifilm.com

INSTAGRAM HANDLES

[@hoihoi_patricia](https://www.instagram.com/hoihoi_patricia)

[@ulmifilm](https://www.instagram.com/ulmifilm)

ALLES GUTE

AWARDS, FESTIVALS, SCREENINGS

2026

August Locarno Film Festival, Switzerland